

Mid-county MEMO

Vol. 1, No. 4

August, 1985

Indian theme eyed for Blue Lake Park

A bit of the state's history and native culture may soon be housed at Blue Lake Park, as a county task force looks into ideas on how to develop the center.

A Portland area archaeological team presented ideas to the committee to create an Indian cultural center with an Indian plank house and artifacts discovered in the park.

Nancy Chase, who serves on the Blue Lake Task Force, says the group "supported all of the ideas" and will work with the firm throughout August to form an integrated master plan for the park.

"The group is really enthusiastic about the plans. It will be valuable to get a sense of people's history," she says.

The goal of the master plan, she says, will be to make the park an a viable tourist attraction and a regional cultural center, as a place to stop along a gorge drive, for example.

After the master plan is approved by the group and the county, the next step will be to raise funds to implement the plan, says Chase. Currently the county has not budgeted money for the park's development.

YMCA to provide childcare when 'School's Out' starts

For young children of working parents, coming home alone to an empty house can be troubling for both kids and worried parents.

A new Northeast YMCA program is designed to address this need by creating centers at elementary schools where kids can go after school until 6 p.m.

"School's Out" will be held at Prescott School, 10410 N.E. Prescott St. and at Rigler School, 3401 N.E. Prescott St. Both sites can accept children from nearby elementary schools as well.

For \$1 an hour (with fees to be assessed on a sliding scale) a youngster receives a snack, a structured homework time and access to sports facilities and arts and crafts.

Mike Mercer of the YMCA says the program is open to kids in grades one through six and will be supervised by persons who have experience working with young people and some college background.

"When single parents work or when both parents work, kids have no place to go but home," says Mercer. He says that the YMCA is planning to expand the program to other area elementary schools.

Registration begins in August for the program which will run from September 3 through the end of the school year. It will be open during scheduled vacation days (except for national holidays).



Giving some extra attention to a boy at his first taekwondo lesson, Master Tae Hong Choi helps demonstrate the kicking technique.

Carnival, pig-out set for August Jamboree

The 4th annual Parkrose Jamboree will allow neighbors to celebrate the weekend before Labor Day, and jamboree chairperson Glenyce Denson says this year's festival combines the new and the traditional.

First of all, she says, the jamboree has been held in September in previous years and called the "Harvest Jamboree."

This year the festival moves to the weekend of Aug. 23, 24 and 25. Events will be held Friday, Aug. 23, from 4 p.m. to dusk; Saturday, 10 a.m. to dusk, and Sunday, noon to 6 p.m.

The jamboree will be held at the Mt. Hood Community College Maywood Park Center, Northeast 102nd Avenue and Prescott Street.

The Multnomah County police dogs show, an ice cream pig-out and a mutt show are all traditional features of the jamboree. This year Senn's Dairy will sponsor the "pig-out."

In addition, a "Tongue in Cheek Tristhalon" will have neighbors competing in a tricycle ride, a monkey bar race and a run around the Parkrose High School track in swim fins.

The mini-carnival will run all weekend long and feature pony rides, carnival games and six carnival rides.

The jamboree is sponsored by the Parkrose Business Association.

Karate kids learn character, kicking

By JANE BHAATEN

Karate kids kick to build character, says the owner and instructor at an area martial arts academy.

Master Tae Hong Choi has taught martial arts classes at his school, 11618 N.E. Halsey St., for 13 years, and is also a mid-county resident.

His classes are open to all age groups, but he seems to take most pride in his children's taekwondo lessons.

Taekwondo, the most popular martial arts technique, is an unarmed system for self-defense which utilizes the hands and feet. It can be practiced as a non-contact or full-contact sport.

Choi says the philosophy behind taekwondo can be beneficial for young people, particularly those described as "problem kids."

"Most sports just teach how to win and competition. We emphasize good character," he says.

"We show how to make a gentleman. We show how to have more outstanding gentleness — that one can be strong, but not rowdy ... humble."

He says "Sometimes our schools are not set up to handle the bad attitudes. We teach respect — for family, for schools, for others."

He describes one student he had whose grades were falling in school. He says he told him to "get better grades before you come back."

Evidently, the student did and was able to get more out of his education. "I see students from years ago. They still have a good attitude — I like that."

Choi has about 35 to 40 young people in his after-school class. Added with his adult classes, he works approximately 12 hours a day but says he doesn't mind.

(Continued on Page 2)

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International master trains taekwondo Olympic hopefuls

(Continued from Page 1)

Taekwondo is "my favorite. I don't think of it as long hours," he says.

As his "favorite," he has earned many top honors in the technique. He is the 1956 and 1958 national champion from Korea and the 1961 and 1963 international champion.

During the late 60s he was the U.S. Army Special Forces unarmed combat instructor in Vietnam. Then he came to Washington, D.C., to train the White House security guards and CIA agents in martial arts.

In 1972 he moved to Portland because, he says, "I wanted a nice area to raise my family."

Choi and his wife have four children and he is proud to say that the oldest three attend such highly rated schools as Lewis and Clark College and Reed College.

Choi holds an eighth degree black belt (ninth is the highest) in taekwondo and this, together with his experience in competition, has made his school rank in the top ten nationally.

He also has a master's degree in physical education and teaches courses at Mt. Hood Community College and Portland State University.

The school also offers classes in karate, kung fu, hapkido, judo, weapons and weight training. He emphasizes that martial arts training is an excellent physical conditioning sport and recommends it to people who are overweight or out of shape.

He says he is currently teaching a few national representatives who will compete for a spot on the 1988 U.S. taekwondo Olympic team.

The training, he says, can teach both coordination and confidence along with body strength. He teaches boys and girls together because it can help young women be more confident in warding off an attacker in the future if they have had some practice.

Self-defense the taekwondo way is a more humane method, Choi says. "If you punch someone, you will cause damage. In taekwondo you can stop someone without the damage" by immobilizing the attacker.

Children's sessions are quite popular but they can also boost attendance at adult classes. He says, "Sometimes a kid starts, then the parents say 'Why not?', and then the mother starts."

Signs displayed at his gym emphasize respecting the teachers and observing the rules of each technique.

Choi explains that "At the beginning, we bow. At the end, we bow. We don't want the competition to get out of hand."

"We want to teach respect."



The beginning students — the white and yellow belts — line up for coordination lessons from Master Choi. In

this exercise, they must block the light-weight bamboo stick with their arm and then jump over it.

Local pools offer swim classes

Although August can be the best month for sunny weather, it is also the worst month for boating fatalities, according to the State Marine Board.

In 1984, 26 people in Oregon died in boating accidents: four each in March and July, five in May and seven in August.

From the statistics, the typical accident is caused by operator inexperience or error. In half the fatalities, flotation devices were aboard but not used.

Fifteen deaths occurred in an open motorboat while cruising or drifting in a river.

Capsizing caused 50 percent of the accidents, while six persons died by falling overboard.

The American Red Cross also released statistics to warn people against situations that may lead to drowning.

"Drowning is the third leading cause of accidental death — nearly 7,000 people drown each year. Most victims drown during June, July and August," the Red Cross says.

The organization says that 60 percent of all drownings occur to victims who never expected to be in the water and half of all adult drowning victims were intoxicated at the time of death.

The scenario of toddlers wandering near the family pool points to a tragic, and unfortunately high, percentage of deaths.

Half the deaths occur in these residential, single family pools and 70 percent of the fatalities are children ages one to 10. The Red Cross says "children in the 2-year-old age group are the most frequent victims."

If a person does fall into the water or is in a capsized boat, the ability to swim may save his life. Two area pools offer swimming lessons and other swimming activities at nominal fees during the summer months.

The Montavilla pool, Northeast 82nd and Glisan, is operated in conjunction with the Portland Parks Bureau. Classes are from Aug. 12-23 at a cost of \$10 for city residents and \$12 for non-city residents.

Payment is done at registration which is conducted at the pool site. The phone number for more information is 254-4364.

Classes are divided into seven different ability levels and anyone three years of age or older can participate.

The Parkrose High School pool, 11717 N.E. Shaver St., has lessons Aug. 12-23 at \$10 for district residents and \$15 for non-district residents.

It offers six different ability levels and registration is also done at the pool. Pool monitors, at 257-5219, can provide more information.

In addition, recreational swimming and exercise classes are available at both sites. Montavilla also has a summer league swim team while Parkrose offers family night swims and lifesaving courses.

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A shopper at the Thriftway store at Northeast 162nd Avenue and Division Street signs a petition from Pat

Brown to cut the number of county commissioners by two.

Petition aims to cut commissioners

A petition that seeks to reduce the number of county commissioners from five to three is underway, headed by a mid-county couple.

Herb and Pat Brown, and various supporters of the petition, are out collecting signatures to place the charter amendment on the ballot for the May primary.

Pat Brown says the group is waiting until May because it does not want taxpayer money spent on a special election.

The amendment forms a three-member commission with representatives from the east, central and west districts. It also provides that each commissioner serve as chairman for one year in annual rotation.

The issue of reducing the number of commissioners

is not a new one, as the Charter Review Committee addressed the issue before last fall's election.

John Vogl, who served on this committee, says the group came close to passing the reduction amendment (which would have put it on the 1984 general election).

"We didn't feel the time was exactly right. Out in mid-county, we don't know where we're going. It's like the blacks in South Africa — others are deciding things for us."

"We decided to wait until a new city is formed or the area is absorbed," Vogl says.

As for the timing of the petition drive, he says, "Herb and Pat Brown may be a little premature, but I'll sign it. I'll do whatever I can to put it on the ballot."

Super machines to delight children at Midland library

Monsters and machines will entertain and inform children at the Midland Branch Library, 806 S.E. 122nd Ave., during August.

On Thursday, Aug. 8, school-age children can enjoy "Super Machines and Motor Monsters" at 2 p.m.

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Wiseman says the foursome plays often at either Glendoveer or Rose City Golf Course.



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Rotary teams vie for summer league playoff bid



Scrambling for a shot — and a chance at a rebound — are players in the Far West Summer Basketball league

game. Teams are sponsored by First San Francisco Group [white] and Oregon Nail Distributors [red].

It's the end of the first half, but the ball will be back in play for the Far West Summer Basketball League teams to compete for berths in the playoffs at the end of August.

Six teams play in the league, organized by the Northeast Portland Rotary Club. The teams play Tuesday, Thursday and Saturday evenings at Mt. Scott Community Center, Southeast 72nd Avenue and Harold Street.

Games begin at 8 p.m. except on Saturdays when two games are played, one at 7 p.m. and the second at 8:30 p.m.

Top professional, college, ex-pro and high school players participate in the league, which is sanctioned by the NCAA.

Richard Washington, A.C. Green, Rick Osborn and several Portland Trailblazers participate in the summer league.

The Rotary asks for a \$1 donation at the door and soft drinks and popcorn are sold there.

Terry Vanden Berg of the Rotary says the club is already planning next year's league which it hopes will reach a larger audience and offer better uniforms.

He says he is pleased with the first year's turnout, especially since they delayed some aspects of planning until receiving the NCAA sanction notification.

Playoffs will be determined by the teams' win-loss records and the top three will compete. All games are played at 8 p.m.

The second and third place teams will play Thursday, Aug. 22, and the winner will face the first place team in a three-game series Aug. 27, 28 and 29.



Monica Kaija tries to convince her daughter, 1½-year-old Anna-Michelle, to pick up some early basketball pointers at a summer league game.

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The Yaw's and Tregoning's

Michael Prothe wins Mother's Club award

An area architecture student is building toward his career and recently received a scholarship to help him do so.

Michael Prothe, 29, is a senior at the University of Oregon's School of Architecture. He was awarded a \$500 Mother's Club scholarship for the 1985-86 school year.

He is the son of Donald and Arleatha Prothe, 13119 N.E. Eugene St.

Prothe says the Mother's Club comprises alumni, mothers of alumni and other women who support the U of O. This year the club made six awards.

Besides being active in the university's student senate, Prothe is the student chapter president of the American Institute of Architecture.

Last January, Prothe organized a design contest with the U of O and Portland's Oregon School of Design. Six teams drew up plans of how the Portland could look and these designs were presented to members of the Central City Plan committee.

The designs were also displayed throughout the city.

Prothe also serves on a university advisory committee reviewing the development of a 70-acre science/technological park on the campus river frontage.

He says the scholarship will come in handy as, "My last year, things are strapped financially" as tuition over the years has steadily increased.

Mrs. Prothe says when her son told her he won she was "kind of surprised. It's such a tough thing to get — they have a tough eliminating process."

Scholarship applications were accepted from any student in the Eugene campus.

Prothe is a 1980 graduate of Parkrose High School. He says he is considering finishing up his last year in the spring to "get a jump on the job market."

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mid-county memo pad

The Columbia View Kiwanis Club will hold its annual club picnic Aug. 24 at Camp Menucha. The Mt. Hood Kiwanis Club Executive Board will meet Aug. 25 at the camp.

MEMO

An area parts manager has received an award for outstanding job performance for his work in 1984.

Heinz Glaeser, Parts Manager for Gateway Volkswagen, Inc., 1638 N.E. 102nd Ave., was given an award of merit from Riviera Motors, Inc., at the company's banquet.

Glaeser was evaluated on his job performance in parts sales, inventory management, merchandising, physical operation and training.

MEMO

Tax seminars to aid employers in filing federal and state forms will be conducted by Internal Revenue Service employees on Aug. 15 and Sept. 19.

Each seminar will go from 8:30 a.m. to 4 p.m. at the Portland Community College Southeast Center, 2460 S.E. 82nd Ave.

The seminars will provide information on employer's quarterly tax, annual unemployment returns, Oregon employment and withholding taxes, workers' compensation and targeted jobs tax credit.

PCC, the IRS, the Oregon Employment Division and the Oregon Department of Revenue are co-sponsors in the seminars, which cost \$2.50. PCC, 244-6111, is in charge of registration.

MEMO

Roaring campfires, relaxing rafting, super sports, creative crafts and pool time are all planned for a YMCA family campout Labor Day weekend, Aug. 30-Sept. 2.

Family camp is held at Camp Collins along the Sandy River, and this year marks the 100th anniversary of the event for the Northeast YMCA, 1630 N.E. 38th Ave.

Costs for club members are: adults, \$34.50; children four to 11, \$28.50; and children up to three, \$5. Non-members are charged \$37.50, \$30 and \$6, respectively.

The fee includes three nights lodging and eight meals. Call 281-1169 for registration information.

Senior citizens and professionals anxious to have a voice in addressing the needs of the elderly community can be involved by applying for membership in the Portland/Multnomah Commission on Aging.

The group's committee of health, transportation, nursing home, nutrition and community based services are in need of members, which will serve a one-year term.

A citizens' advocacy group, the Commission on Aging represents the interests of local seniors to the county Aging Services Division, Multnomah County and the City of Portland.

For more information on membership, or to find out more about programs for seniors, the commission's number is 796-5269.

MEMO

Garage sale enthusiasts can purchase for a cause the weekend of Aug. 10-11 at a rummage sale held by United Citizens in Action.

The UCA is a citizens advocacy group that speaks out on a number of mid-county issues, such as opposition to the seepage fee bill and support for a vote on the Fairview/Columbia Ridge proposal.

Proceeds from the sale, which will feature both new and used goods, will go to fund the group's efforts.

The sale will be held at Glenfair Elementary School, 15300 N.E. Glisan St., from 10 a.m. to 6 p.m. Saturday and Sunday.



The Menlo Park Pharmacy, 12425 N.E. Glisan St., has doubled itself — it consolidated with the San Rafael Pharmacy at the Menlo Park location.

John Slayton, formerly of the San Rafael center, says the move to Menlo Park was a good one because it

allowed the business to continue its prescription files. Jim Colintino operates the Menlo Park store.

MEMO

For a chance to see stitchery at its best, residents can attend "Quilt Fair 1985" the first weekend in September.

Women for Columbia are sponsoring the event, to be held at Columbia Christian College, 9101 E. Burnside St. The display will be from 9 a.m. to 5 p.m. Friday and Saturday, Sept. 6 and 7, and 1 p.m. to 5 p.m. on Sunday, Sept. 8.

Forty quilts will be shown at the fair and the admission fee is \$1.

MEMO

A levy for Portland Community College will go before voters in a special election Tuesday, Aug. 13.

MEMO

Student discipline will be the topic for a three-part seminar series at Wesley Christian Academy, 11456 N.E. Knott St.

Area parents are invited to attend the seminars, which are free and will be held Thursdays at 7 p.m. on Aug. 1, 8 and 15.

In other Academy news, Robert Borbe has resigned as administrator and John Snodgrass has been chosen as his replacement.

Snodgrass is a former fifth- and sixth-grade teacher at the academy.

MEMO

A local housing project in Parkrose has been chosen as the best low-income family development in project design in the region.

The Housing Authority of Portland says Celilo Court, Northeast 95th Avenue and Sandy Boulevard, was chosen as the best in design against 15 competitors in a five-state region from Alaska to Oregon.

Celilo Court's design will now be rated in national competition, held November 1985.

The contest is judged by the National Association of Housing and Redevelopment Officials.

MEMO

A Reynolds high school cheerleader has been named "Teenager of the Month" by the Gateway Elks Lodge.

Yvonne Cherie Herbel, daughter of Ray and Donna Herbel, was honored for her involvement in the Reynolds High School Drug Program, an Elks lodge program designed to discourage teenage drug use.

Reynolds is a member of the National Honor society and maintains a 4.0 grade-point average. She has been a cheerleader for two years and last year was elected junior class princess for the Sweetheart Ball.

She received the title at a dinner at the club's lodge for her and her parents.

MEMO

Various independents were honored as United Grocers chose a local grocery store to the "1985 Honor Roll of Outstanding Independents."

Glisan Thriftway, 16225 N.E. Glisan St., is one of five honor roll recipients from the Pacific Region.

United Grocers, Inc., is a retailer-owned cooperative serving more than 342 member stores throughout Oregon, Southwest Washington and Northern California.

MEMO

A 1985 Parkrose High School graduate was given local and national scholarships at a July 11 banquet at the Gateway Elks Lodge.

Tami Loos, who plans to attend Pomona College in Claremont, Calif., in the fall, received \$450 from the local Elks chapter and an additional \$1,000 from the National Foundation.

Loos graduated with a 3.97 GPA, was student body secretary, homecoming queen, team captain on the varsity soccer team, Special Olympics volunteer, member of the Model United Nations program and participated in the Humanities Program, an accelerated academic load for exceptional students.

Scholarship committee chairman Clarence Mershon presented the award to Loos, who plans to major in international relations.



Workers check construction of a new patio deck for the Ringside East restaurant, 14021 N.E. Glisan St.



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nifty nibbles

While the following salad of Greek influences can be served anytime, summer or winter, it is especially delicious when part of a backyard meal. If you have a food processor, the salad is particularly easy to prepare, but even if you don't yet have this marvelous kitchen convenience, the salad is still reasonably easy to assemble.

I first became aware of this delicious and pretty salad because it was being made by the woman demonstrating food processors at Meier & Frank. I became captivated by the speed and ease with which the demonstrator fixed the vegetables and, you guessed it, by the time the woman had finished the salad, I had bought a food processor. And I've sure never been sorry.

One of the first things I prepared in the privacy of my own kitchen, but with none of the flair or technique of the demonstrator, was the Greek salad.

That was nearly two years ago. A lot of zucchini has gone through the grater disc since then and I must admit I've become more skilled at working with the thing. Since I'm planning a big dinner party next week, this salad once again surfaced. It and the cake that follows will be served and although you won't be attending, you can enjoy the same food.

GREEK SALAD

- 2 medium zucchini
- 1 firm cucumber, unpeeled
- 1 large firm tomato
- 1 small red onion
- 1 bunch radishes, washed and trimmed
- 3 heads Bibb lettuce
- 6 kalamata or calamata (Greek) olives
- 1 cup parsley leaves
- 1 tablespoon dried dillweed
- 4 ounces Feta cheese, well chilled
- 4 teaspoons lemon juice
- 1/4 cup olive oil
- 1/2 teaspoon oregano
- salt and pepper
- dry-roasted sunflower seeds (optional)

Mince the parsley and dillweed in processor, blender or with knife. Crumble the Feta cheese and combine with the herbs. Set aside. Make a dressing with the lemon juice, olive oil, oregano, salt and pepper. Stir in the cheese mixture. Set aside. With a processor or hand grater, grate the zucchini, cube the cucumber, chop the tomato, thinly slice the onion and grate the radishes. On a large platter (this looks the nicest) or in individual salad bowls, arrange the Bibb lettuce, then the vegetables in some artistic manner. Spoon the dressing over the vegetables or toss the vegetables with the dressing before arranging them. Garnish with the Greek olives.

CHOCOLATE-CHERRY CAKE

- 1 package chocolate cake mix
- 1/4 cup oil
- 3/4 cup water
- 3 eggs
- 1 cup canned cherry pie filling
- 1 teaspoon almond extract

Lightly oil a fluted tube pan and sprinkle in inside with granulated sugar. Shake out the excess. Mix together all the ingredients and beat according to cake mix directions. Bake at 350 for nearly an hour, or until cake tests done. To make the frosting, dissolve a half teaspoon unflavored gelatin in two tablespoons kirsch or maraschino cherry juice. Heat to dissolve, then cool before stirring into a nine-ounce frozen carton of whipped topping (thawed). Frost the cake, then decorate it with the remaining pie filling and almond slices.

Both these recipes are simple, use simple ingredients (if you don't count the Greek olives) and will bring oohs and aahs from the folks around the dinner table. When you prepare and serve these recipes, you'll feel very nifty.

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Group helps parents to 'be comfortable singles'



At the July planning meeting, Linda Cooper and Tom Mahon discuss activities for September.

By JANE BRAATEN

Single parents face a set of problems different, or more pronounced, than their married counterparts — lack of money to do things with their kids, children's anxieties over a divorce and a personal sense of failure over the end of a marriage.

The City of Roses chapter of Parents Without Partners (PWP) is helping area single parents to work out these issues and gain some fellowship with other single parents as well.

Formed eight years ago, the chapter joins an organization with 200,000 members throughout the United States and Canada.

Seven chapters have been created in the Portland area. Others include Gresham, Oregon City, Beaverton, Vancouver, Longview and St. Helens.

City of Roses is the largest area chapter, with 500 members. Buz Ingalls, a chapter director, says the group has grown from 350 members a year ago.

He attributes this increase to a larger and more active single public and the emphasis of the club to provide inexpensive activities for parents and their children.

"I read an estimate that 50 percent of the students in public schools are from single parent homes," Ingalls says.

A goal of the organization, he says, is to help people "be comfortable being single."

Ingalls, a PWP member for one year, directs the orientations held each week in east county for potential new members. These meetings are required for admission to the group.

In the orientation, he explains to new members some

of his early traumas of being around people after his divorce.

"I'm glad to see you all here — you're doing better than I did the first time. I couldn't get out of my car one year ago."

"I came (to the orientation) four times before I got out of the car," he says.

Ingalls says the group has from 15 to 25 people in these meetings a week. Twelve women and three men listened to Ingalls' presentation on July 11.

To join PWP, a member must be the parent of a living child and be single for any reason (widowed, divorced, separated or never married). A member need not have custody of a child to join.

Activities are divided into family, adult and educational events. The size of the membership is one reason why the chapter has one to four events a day.

Adult gatherings help subsidize family outings, for instance a house party may cost \$3 each for admission while rollerskating and lunch may be \$1 a person.

Ingalls explains to new members the PWP alcohol policy. "We allow no alcohol at any of the family activities. We need to have a safe and secure environment for us and our kids."

Several of the parents listening nod in approval at this rule.

Ingalls later says that the friendships he made at PWP helped him to learn more about relationships and men's/women's expectations.

"This is the first time in my life I've had women friends. I've learned a lot about myself. It takes a woman to be brutally honest," he quips.

A couple of women in the group exchanged cool glances, but the overall response was favorable. Four people signed up for membership at the meeting and the rest accepted courtesy cards.

These cards allow a prospective member to try out the club on a 45-day trial basis free of charge. Regular membership in the club is \$20 a year.

Members receive the newsletter, Single Parent magazine and admission into all activities.

Newsletters are also distributed to social service organizations such as Youth and Family Services, Tualatin Valley Guidance and Catholic Family Services.

Another important function of the group, Ingalls says, is to provide a chance for the children of divorced parents to "meet other kids and to feel OK."

Ingalls' wife has custody of their children, but he says the interaction he has with kids at PWP is priceless. "We really get to be surrogate parents for these kids. It's like an extended family."

A teenage branch of the chapter lets kids get together and plan their own activities, such as group video classes and pizza parties.

For more information about the City of Roses chapter, or its activities, a recorded message at 257-3649 can provide more information.

Mahon shares membership stories



Two new members sign up for Parents Without Partners after their orientation meeting.

As a 2½-year member of Parents Without Partners, one mid-county resident can give some insight to what that membership has meant over the years.

Tom Mahon, 133 N.E. 133rd Ave., is in charge of most of the communications in the City of Roses chapter. He edits the monthly newsletter and records the weekly updates on the hotline phone message.

Mahon has two daughters, ages 8 and almost 11, whom he sees weekly. He describes his participation in events in the past three years.

"I started out going to lots of events; now I go to about a half dozen activities a month. I keep a limit on what I do because people can get burnt out," he says.

He says some members join primarily for family activities or just for adult events, but most sample a few of each of the three components.

Since the group is comprised of strictly single adults, is there much dating within the membership?

"Oh yeah," answers Mahon. "It's very popular."

Yet, he says the reason the group is successful is that it is "primarily for friendship."

He says that with a mainly divorced population, divorce "war stories" get bantered about occasionally. "I can tell them and it's fun to compare your war stories."

"People learn that it's an OK place to tell your stories," Mahon says.

One interesting scenario he has witnessed has been

the membership of both parties of a divorced couple. "They are currently both members — they just show up to different things."

Another PWP phenomena is the "returning member." A single parent joins the group, quickly remarries someone usually outside of the group, divorces and joins again.

"A lot of times when this happens, we'll say, 'They'll be back,'" he says.

This type of cycle is seen when someone suddenly stops going to activities or doing the things he or she used to do, he says.

Mahon says he thinks that the more of a person's life activities are dropped upon meeting someone new, the less chance the relationship will last.

In a membership of 500, the chapter has members ranging in age from 23 to 60, with kids' ages from infant to 20.

"One thing about the children in divorce — they aren't stupid. Kids have pretty open eyes" and can feel resentment towards a parent who may badmouth the other parent, he says.

"We started a new discussion group where kids get to talk and parents have to stay quiet. The kids can talk about whatever they want."

"Last time they had a unanimous vote that 'Divorce sucks.' They got to word it themselves," he says.

PWP members vary in the length of time they have been separated from a spouse. Some members have been separated for two weeks and some have been divorced three or four years.

For all new members, "Committees make an effort to get new people involved. It allows them to meet each other in a small meeting before a large party," Mahon says.

A coffee and discussion may have 25 to 30 people, while 100 to 200 people may attend a picnic.

He says that PWP has a strict rule that membership is revoked upon marriage or remarriage, and that in three years he has "seen a lot of people come and go."

One pitfall of divorce is that it leads to a virtual "hibernation" by the people involved and they become so withdrawn it is even more difficult to meet new people.

Club membership makes this process easier, he says.

A neighbor told him about PWP, Mahon says, but the most common reason new members join is word of mouth from a friend.

"A lot of times friends bring them in, saying 'You've got to get out.'"

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Minnis favors end to boundary commission ...

By JANE BRAATEN

Now that the Oregon legislative session is over, State Rep. John Minnis can look back upon the issues he worked on and the goals he has for the next session.

Minnis, a District 20 Republican, was appointed to the seat after Pat Gillis was removed from the office earlier this year.

Although he says the replacement process was "awkward," he quickly assimilated himself into the legislature and began speaking out on issues which affect mid-county.

District 20 encompasses the northern portion of Multnomah County east of Northeast 122nd Avenue.

Some of the issues that affect his area the most are sewers, the boundary commission, the Columbia Ridge/Fairview proposal, police protection, the small business community and light-rail.

• **Sewers:** "I'm not sure we need any."

"The EQC (Environmental Quality Commission) and the DEQ (Department of Environmental Quality) say there is no threat to drinking water at this time."

He says he supported a bill that would assess a fee for septic tank property owners and would give 100 percent credit against the potential connection charges of a sewer system.

Although he disliked the idea of a seepage fee, he says the 100 percent credit was a dramatic increase over existing law.

The City of Portland is currently working on a sewer system plan, to be finished Sept. 1. If a threat to drinking water is declared, the plan and the fee would be implemented.

Minnis says that there is a good chance the seepage fee will be enacted city-wide "because the threat is city-wide. Then east county doesn't get the large fee."

He estimates the fee to be between \$5 and \$20 a month.

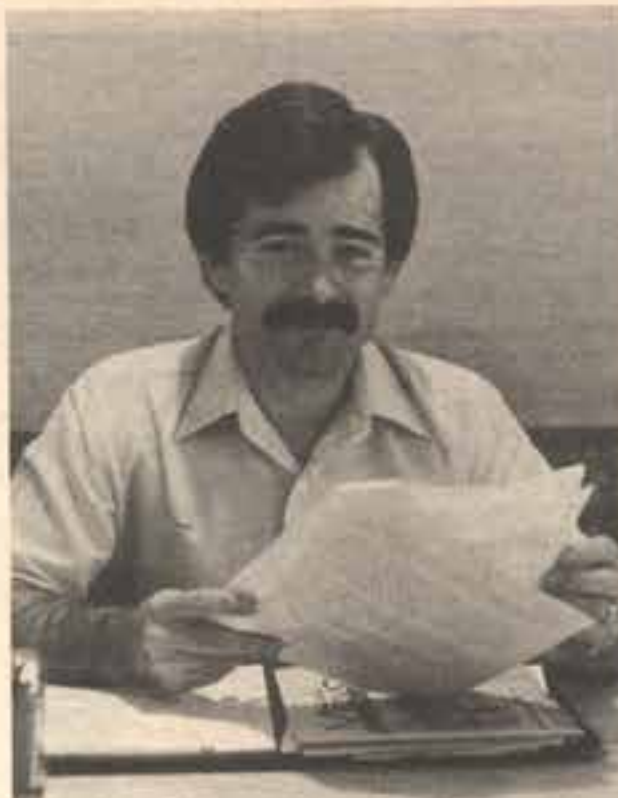
• **Boundary Commission:** "Should an appointed board override a vote in a local issue?"

Minnis submitted a bill to disband the Multnomah County state-mandated boundary commission. The bill failed, but he says he feels it may pass if it includes the repeal of the commission in Lane County.

"We have enough local community leaders to work these issues out locally. We're not taking away their credibility; it's just the issue of local control."

He adds that "state law allows the county to create its own boundary commission."

• **Columbia Ridge:** "I am not an avid Columbia Ridge supporter — but people have a right to vote."



Looking over a prepared summary of bills addressed by the 1985 legislative session, State Rep. John Minnis (R-Dist. 20) talks about topics ranging from sewers to small businesses.

The new city proposal brought the boundary commission rulings on annexation to the forefront in mid-county and Minnis says his chief concern is seeing that an appointed board does not make the residency decision for his constituents.

"I am appointed, that's true. But I am responsive — I intend to run again," he says.

• **Police Protection:** "How can you provide this doubling of services? Can you really meet these promises?"

In the annexation information, Minnis says residents were told that the city will provide twice the services that the county sheriff's department had provided.

As a City of Portland police officer, Minnis describes

the bureau being cut by 10 percent because of budget constraints and he questions that claim.

Besides his view on the loss of coverage in the area, he says the sheriff's department encourages a continuing bettering of its officers and the city lacks in that area.

"The Multnomah County sheriffs are rewarded for community involvement. The Portland police bureau offers no incentive to get a degree or be involved in the community," he says.

• **Small Business Community:** "Used to be the suburbs, now it's the inner city."

He says he sees a deterioration of the corridor businesses — changing hands frequently, stores left empty, hock shops moving in.

Minnis favored a bill to use some of the state lottery money to give new or expanding businesses in designated zones certain tax benefits.

Although it was "watered down" in committee, he says that the bill, and another proposal to offer seed capital grants to small businesses, will help the entire area to prosper.

"The business corridor can have a significant impact on who will stay here."

• **Light-Rail:** "Residents see construction tie-ups and new taxes."

He says the biggest problem he finds with Tri-Met is that its "growth is out of control" and he suspects that the funds for this expansion will not come from federal monies but from local taxpayers.

"As a legislator, I can't tear down light rail, but I can try to build it into something viable for the community," he says.

Minnis, 31, is married, has three children and says he lives in mid-county because it has a lot to offer.

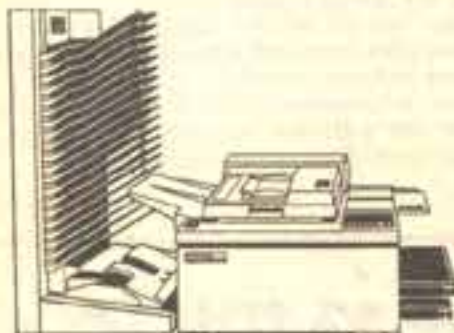
He says "It would be nice to see more industry here. We have more to offer in East Multnomah County — Mt. Hood, the Columbia River, many parks."

"I wish I could transfuse that 'California success attitude' to Oregon."

Minnis ("I am a conservative") voted against the sales tax and the lottery. Although the lottery passed the legislature, the sales tax measure goes before the voters in September.

Even then, he says, "The 1987 legislative session can influence this a great deal."

For now, it's back to police blues for Representative Minnis, but true to political form he says he is already campaigning for the 1986 election.



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THURSDAY, August 1 — Coleslaw, meatloaf, potatoes, peas, wheat roll, melon, milk.

FRIDAY, August 2 — Cranapple juice, rice salad, Tahitian chicken, veg. medley, tomatoes, roll, sherbet.

MONDAY, August 5 — Peach cottage cheese salad, tuna cashew casserole, veg., roll, lime rice swirl, milk.

TUESDAY, August 6 — Pineapple juice, sliced tomatoes, stew, green beans, roll, apple crunch, milk.

WEDNESDAY, August 7 — Coleslaw, pork cutlets, yams, spinach, biscuit, honey dew melon, milk.

THURSDAY, August 8 — Orange juice, tossed salad, lasagne, vegetables, french bread, coconut square, milk.

FRIDAY, August 9 — Carrot raisin salad, sliced ham, lima beans, broccoli, cornbread, peach, milk.

MONDAY, August 12 — Buttermilk fruit mold, banger sausage, cream gravy, whipped potatoes, mixed vegetables, oatmeal roll, jam bar, milk.

TUESDAY, August 13 — Pineapple grapefruit juice, potato salad, barbecued chicken, peas/cauliflower, roll, chocolate cake, milk.

WEDNESDAY, August 14 — Marinated cucumbers, meatloaf, herbed potato bake, zucchini/tomatoes, corn roll, nectarine, milk.

THURSDAY, August 15 — Apple juice, 3-bean salad, cheese omelet, veg. medley, soda bread, strawberry luscious, milk.

FRIDAY, August 16 — Tossed salad, veal, whipped potatoes, gravy, far east veg., roll, cantaloupe, milk.

MONDAY, August 19 — Pineapple grapefruit juice, bean salad, barbecued beef sandwich, spinach, pickles, watermelon, milk.

TUESDAY, August 20 — Orange juice, beet salad, corned beef casserole, carrots, 3-grain bread, anise cookies, milk.

WEDNESDAY, August 21 — Pear/cheese salad, swiss steak, whipped potatoes, cabbage, roll, apple cake, milk.

THURSDAY, August 22 — Cottage cheese salad, nachos, broccoli, sliced tomatoes, wheat roll, mandarin orange dessert, milk.

FRIDAY, August 23 — Coleslaw, baked fish, creamed potatoes, mixed vegetables, dinner roll, grapes, milk.

MONDAY, August 26 — Tomato juice, molded salad, sweet & sour meatballs, rice, peas, roll, cantaloupe, milk.

TUESDAY, August 27 — Cranapple juice, carrot salad, baked chicken, potato salad, relishes, cheese roll, cinnamon crispie cookie, milk.

WEDNESDAY, August 28 — Layered salad, veal, whipped potatoes, vegetarian dinner blend, wheat raisin bread, nectarine, milk.

THURSDAY, August 29 — Orange juice, tossed salad, macaroni and cheese, beets, spinach, roll, fruit cup, milk.

FRIDAY, August 30 — Sliced tomatoes, turkey, gravy, baked squash, green beans, roll, cake, milk.



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... while McCarty predicts defeat for sales tax



State Rep. Ron McCarty (D-Dist. 16) discusses his opposition to a state sales tax, and other issues that affect the mid-county residents he represents.

By JANE BRAATEN

When State Rep. Ron McCarty (D-Dist. 16) ran for office in 1984 his business card contained one message: "I oppose a sales tax."

McCarty represents an area of Northeast Lombard Street to Division Street from 122nd Avenue to 96th Avenue, and from Cully Street to Thompson Street from 96th Avenue to 57th Avenue.

He stills speaks out on the sales tax, and goals for other issues in the mid-county area as well.

• **Sales Tax:** "It will cost small business the biggest headache they ever had."

McCarty says a state regulated sales tax would be "an expensive tax to collect. It requires a set of books to be audited continuously."

The representative has considerable experience in the area of taxes — he works as a tax consultant agent with the Internal Revenue Service.

As for the vote in September, McCarty predicts it will be defeated by a 5-1 margin. "Actually, I am hoping for 7-1, then we won't see it again for another 10 years."

• **Sewers:** "The DEQ has said by 2005 there will be sewers."

He says the county must install sewers "in order to protect the whole district; if not, the area will lose its net worth."

McCarty says he was the driving force behind changing the seepage fee bill wording from "may allocate not less than 25 percent" to "100 percent will be applied to connection and development charges."

The bill referred to which percentage of the fees collected would be applied to future individual homeowner sewer installation charges.

• **Boundary Commission:** "I see no function in the county for this."

McCarty supports the abolition of the county boundary commission because he says it is not the objective board it was designed to be and because it has veto power on residents' petitions.

"It is disgusting not to let people vote," he says.

As for the proposed new city of Fairview that goes up for election this fall, he says, "What are the boundaries? These should be included on the ballot."

He says that most people will see an advantage in incorporation and, "In a couple of months, all of my district will be in the city (of Portland)."

• **State Lottery:** "I don't think it's a function of government to hold a lottery."

Like Rep. John Minnis (R-Dist. 20), McCarty opposed both the sales tax and the lottery.

"It is a poor method of taxing," he says.

"It is just selling a dream — no more than any other shyster."

• **Economics:** If you had a big chunk of money to spend on anything you wanted, where would it go? "I would give it back to the taxpayers."

"To decrease spending is the only way to get tax relief."

As for a current example of waste, McCarty points downtown: "The biggest example of frivolous spending is the performing arts center."

He says that although the initial funds were approved by voters, this amount has risen every year with no further voter mandates.

If this sounds like someone playing the part of watchdog, he takes this position in the legislature as well.

McCarty, 48, serves on the inter-governmental affairs and the state and federal governments committees in the house.

Of his role in these groups he says, "I prevent bad bills from getting through."

McCarty, married with three children, says that because of his background with taxation he is also leery of developing new taxes or of complicating existing forms.

"Ideally, one should be able to do a tax return on a postcard," he says.

For now, this simplified technique is just an idea. But for all his work with numbers, four seem to stand out in his mind: 1-9-8-6.



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